

# LET'S **STOP** THE SPREAD



If you can,  
stay home.



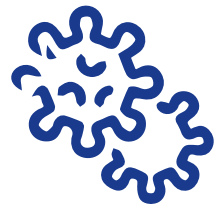
Must leave home?  
Keep 1.5 metres  
from others.



Cough & sneeze into  
a tissue or the corner  
of your arm. Throw it  
away safely.



Wash your hands  
with soap regularly.



Sick? Stay home  
and call for advice.



Western Cape  
Government

BETTER TOGETHER.



If you have flu-like symptoms, including cough and fever,  
please call the **Coronavirus Provincial Hotline** on **021 928 4102**