



# 05 JUNE ENVIRONMENTAL DAY

## Hessequa Municipality Theme: Air Quality

The United Nations designated 5 June as World Environment Day to deepen public awareness of the need to preserve and enhance the environment. That date recalls the opening day of the United Nations Conference on the Human Environment (Stockholm, 1972), which led to the establishment of the United Nations Environment Programme (UNEP).

**About half of the air pollution comes from cars and trucks. Two important ways to reduce air pollution are to drive less and to drive smart.**



### **Useful Tips on how to drive smart**

- 1. Carpool.**
- 2. Walk or ride a bicycle.**
- 3. Use public transport.**
- 4. Use cruise control on the highway.**
- 5. Combine your errands into one trip.**
- 6. Replace your car's air filter regularly.**

Air pollution is a problem **indoors** and out. Most people spend at least 80% of their lives indoors.

### Useful Tips:

- 1. Avoid smoking indoors. Tobacco smoke contains thousands of indoor pollutants at high concentrations.**
- 2. Minimize the use of harsh cleaners, solvent-based cleaners or cleaners with strong fragrances.**
- 3. House plants can improve indoor air quality by filtering carbon dioxide.**
- 4. Certain activities, such as paint stripping, hobby soldering, painting, sanding and rock polishing, may create high levels of pollution and should be performed outside.**



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